

Dr. Antonio AMMENDOLIA
Catanzaro, Italy
Specialized in Physical and Rehabilitative Medicine
and in Orthopaedic and Traumatology Surgery



Date of birth : December 22nd, 1961
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CURRENT POSITION

- Associate Professor at the University of Catanzaro "Magna Græcia" (Italy)
- Director of Physical and Rehabilitative Medicine Residency Program
- Director of a first level University Master
- President of a post graduate course in "Sport and Physical Education Sciences"
- Chief Medical Staff of the National Team Under 18 of the Italian Football Federation and of a male volleyball team in Italian first division championship.
- Member of Italian and international scientific societies, such as ESPRM (European Society of Physical & Rehabilitative Medicine) and ISPRM (International Society of Physical & Rehabilitative Medicine)

EDUCATION

- 2015 Certificate by Equivalence of European Board of Physical and Rehabilitation Medicine
- 2005 Master Degree in "Orthopedic Surgery"
- 1997 Specialization in Physical Medicine and Rehabilitation
- 1992 Specialization in Orthopedics and Traumatology
- 1987 Graduate in Medicine and Surgery

KEY PUBLICATIONS

Over 220 publications in abstract books, books and national and international peer-reviewed journals including :

Book entitled "La spalla patologica. Aspetti clinici, diagnostici e terapeutici". February 2007, Marrapese Editions

Chapter entitled "rESWT - neue Indikationen, histologische Befunde". In "Extrakorporale Stosswellentherapie" by L. Gerdesmeyer, Herstellung und Verlag, April 2004, pages 270-282

Articles (from 2015)

- M.F. Piacentini, C. Minganti A. Ferragina, **A. Ammendolia**, L. Capranica, G. Cibelli. *Stress related changes during a half marathon in master endurance athletes*. J Sports Med Phys Fitness, n.10, 2015
- Scarfone R, **Ammendolia A**, Minganti C, Capranica L, Tessitore A. "Match analysis, heart rate and cmj of beach soccer players during amateur competition". International Journal of Performance Analysis in Sport, 2015, 55(4):329-36.
- **Ammendolia A**. "Chronic Achilles tendinopathy in runners: relationship between pain and tendon vascularity and efficacy and safety of the radial extracorporeal shock wave therapy". Case Reports in Clinical Medicine, 2015, 4, 227-232, doi: [10.4236/crcm.2015.46044](https://doi.org/10.4236/crcm.2015.46044)
- Scarfone R, Minganti C, **Ammendolia A**, Capranica L, Tessitore A. *Match analysis and heart rate of beach soccer players during amateur competition*". Graduate Journal of Sport, Exercise & Physical Education Research, 2015, 3, 1-12, ISSN 2046-9357
- **Ammendolia A**, Iocco M. *The conservative treatment of the chronic painful shoulder of the elite volleyball player*. Proceedings of the 43rd National Congress Of The Italian Society Of Physical And Rehabilitation Medicine (SIMFER), Book indexed by Conference Proceedings Citation Index by Edizioni Minerva Medica 2015, pagg. 4-6
- Carbone A, **Ammendolia A**, d'Esposito O, Spaccaferro D, Indino A, Longo Elia R, Guerrieri V, Iocco M. *Baropodometric and stabilometric analysis in patients affected by knee arthritis after treatment with high molecular weight hyaluronic acid*. Proceedings of the 43rd National Congress Of The Italian Society Of Physical And Rehabilitation Medicine (SIMFER), Book indexed by Conference Proceedings Citation Index by Edizioni Minerva Medica 2015, pagg. 12-13

- d'Esposito O, **Ammendolia A**, Fratto L, Carbone A, Longo Elia R, Indino A, Iocco M. *ICF Core Set Appropriateness for Osteoarthritis in Patients with Hip and Knee Arthritis*. Proceedings of the 43rd National Congress Of The Italian Society Of Physical And Rehabilitation Medicine (SIMFER), Book indexed by Conference Proceedings Citation Index by Edizioni Minerva Medica 2015, pagg. 37-39
- Ciliberti S, Abalos Medina GM, Ponzuelo Calvo R, Serrano Garcia MA, Bruni A, **Ammendolia A**, Iocco M. *Klippel-Trenaunay Syndrome (KTS): a favourable prognosis case*. Proceedings of the 43rd National Congress Of The Italian Society Of Physical And Rehabilitation Medicine (SIMFER), Book indexed by Conference Proceedings Citation Index by Edizioni Minerva Medica 2015, pagg. 26-27
- Ciliberti S, Serrano Garcia MA, Ponzuelo Calvo R, Abalos Medina GM, Bruni A, **Ammendolia A**, Iocco M. *Oligoarticular juvenile idiopathic arthritis early onset*. Proceedings of the 43rd National Congress Of The Italian Society Of Physical And Rehabilitation Medicine (SIMFER), Book indexed by Conference Proceedings Citation Index by Edizioni Minerva Medica 2015, pagg. 28-29
- Ciliberti S, Serrano Garcia MA, Ponzuelo Calvo R, Abalos Medina GM, Bruni A, **Ammendolia A**. *Sindrome di Nonne-Milroy-Maige: l'importanza dell'intervento multidisciplinare*. Proceedings of the 43rd National Congress Of The Italian Society Of Physical And Rehabilitation Medicine (SIMFER), Book indexed by Conference Proceedings Citation Index by Edizioni Minerva Medica 2015, pagg. 30-3
- **Ammendolia A**, Iona T, Scarfone R. *Therapy and recurrence prevention of the ankle sprain in elite soccer players*. Gazzetta Medica Italiana Archivio per le Scienze Mediche, 2016 January-February;175(1-2):23-6
- **Ammendolia A**, Cespites M, Iocco M. *Topical use of aloe gel and low level laser therapy in overuse tendinitis of elite volleyball players: a randomized controlled trial*. Sport Sciences for Health, 2016, Vol. 12 (2): 209-213
- **Ammendolia A**, Marchese D, De Santis A. *Diatermia e vibrazione nel trattamento del dolore cervicale cronico non specifico: studio clinico controllato randomizzato*. Il Fisioterapista, N. 3, 2016, pagg. 81-84.
- Scarfone R, **Ammendolia A**. *Match analysis of an elite beach soccer team*. J Sports Med Phys Fitness. 2017 Jul-Aug;57(7-8):953-959. doi: 10.23736/S0022-4707.16.06580-4
- Caruso MG, de Scorpio G, Indino A, Morrone A, Fratto L, Meliadoro RC, **Ammendolia A**, Iocco M. *Effectiveness of rehabilitation after botulinum toxin in spasticity associated to pain*. Proceedings of the 44th National Congress Of The Italian Society Of Physical And Rehabilitation Medicine (SIMFER), Book indexed by Conference Proceedings Citation Index by Edizioni Minerva Medica 2017, pagg. 35-36.
- Bartolo D, Sannia E, Meliadoro RC, Amendola GAM, Latella C, **Ammendolia A**, Iocco M. *Advanced technology in rehabilitation after achilles tendon surgery*. Proceedings of the 44th National Congress Of The Italian Society Of Physical And Rehabilitation Medicine (SIMFER), Book indexed by Conference Proceedings Citation Index by Edizioni Minerva Medica 2017, pagg. 19-20.
- d'Esposito O, Inzitari MT, **Ammendolia A**, Iocco M. *Kinesio taping in the treatment of the secondary lymphedema*. Proceedings of the 44th National Congress Of The Italian Society Of Physical And Rehabilitation Medicine (SIMFER), Book indexed by Conference Proceedings Citation Index by Edizioni Minerva Medica 2017, pagg. 43-44.
- d'Esposito O, **Ammendolia A**, Indino A, Carbone A, De Scorpio G, Fragomeni G, Iocco M. *Shoulder pain and Parkinson disease: the role of kinematic analysis*. Proceedings of the 44th National Congress Of The Italian Society Of Physical And Rehabilitation Medicine (SIMFER), Book indexed by Conference Proceedings Citation Index by Edizioni Minerva Medica 2017, pagg. 45-46
- Ursini F, Arturi F, Nicolosi K, **Ammendolia A**, D'Angelo S, Russo E, Naty S, Bruno C, De Sarro G, Olivieri I, Grembiale RD. *Plantar fascia enthesopathy is highly prevalent in diabetic patients without peripheral neuropathy and correlates with retinopathy and impaired kidney function*. PLOS ONE, 2017 Mar 30;12(3)
- **Ammendolia A**, d'Esposito O, Inzitari MT, Manti F, De Caridi A, Iocco M. *Kinesio taping original application in patient with rectus abdominis diastasis: case study*. International Journal of Therapy and Rehabilitation, accepted, 2018
- Iona T, Scarfone R, **Ammendolia A**, Segura Garcia C. *Motivation: State of Physical and Mental Health in Non-Sedentary Subjects Over Fifty*. Medicina dello sport, accepted, in press Vol 4 2018.